

Sewing instructions for Isolation Gown

All seams sewn at .375" with lockstitch (single needle) machine the edge finished with serger, if you have one, unless otherwise noted.

- Baste or tack **Front** to **Front Lining** wrong sides together
- Hem **Back** open edge .375" twice turned
- Sew **Back** pattern pieces to basted **Front** pattern at sides to making sure to note right and left match notches
- Sew sides of outer **Sleeve**. Double needle top stitch if your are able to pass through your machine
- Sew sides of **Sleeve Lining**
- Insert **Sleeve Lining** into **Outer Sleeve** making sure to match notches
- Baste **Outer Sleeve** to **Sleeve Lining** around armhole

If sewing **Sleeve with Cuff**

- Sew **Cuff** sides together and fold to form tube
- Sew **Cuff** to sleeve edge

If Sewing **Sleeve with Elastic**

- Cut 8" of .5" or .375" width elastic. Sew in the round over lapping .5". Reenforce your stitches
- If you have a serger, serge **Sleeve** edges at wrist
- Fold up .875" to wrong side tucking elastic in fold. Sew hem encasing elastic in hem. Stretch **Sleeve** as you sew making sure not to catch elastic in your stitches
- Sew **Sleeves** to **Body** matching notches
- Sew **Neck Band** to neck matching notches, you may sew one edge then fold and top stitch or press to fold then sew all at once. When you reach the ends of the neck .5" twice turn and top stitch to finish

- Sew **Hem**, .375" twice turned
- Apply snaps to **Neckband**
- Sew twill tape to spots designated by notches and pattern text